

Online Meetings South Africa: as of 13th May 2023

DAY	TIME	LINK TO MEETING	
<b><u>Everyday</u></b>			
Seapoint Sunrise	7:00 AM	<a href="https://zoom.us/j/276904976">https://zoom.us/j/276904976</a>	sanskrit
Morning Meditation	07:00:00	<a href="https://zoom.us/j/337281127">https://zoom.us/j/337281127</a>	030010
A Way Out – Big Book	18:00:00	<a href="https://zoom.us/j/331274391">https://zoom.us/j/331274391</a>	1728
Friends in Recovery	20:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
11 <sup>th</sup> Step Meditation (Mon-Fri.)	05.30 AM	<a href="https://zoom.us/j/98567582731">https://zoom.us/j/98567582731</a>	Free@1501
<b><u>Monday</u></b>			
On Awakening	8:00 AM	<a href="https://zoom.us/j/361978948">https://zoom.us/j/361978948</a>	
Friends in Recovery	13:00.00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
Quarantine Club - Step Meeting	5:30 PM	<a href="https://zoom.us/j/644684222">https://zoom.us/j/644684222</a>	001211
Yellowwood	6:00 PM	<a href="https://zoom.us/j/278392354">https://zoom.us/j/278392354</a>	004034
A New Freedom	6:00 PM	<a href="https://zoom.us/j/431965056">https://zoom.us/j/431965056</a>	047955
Monday Big Book Study (CPT III)	18:00:00	<a href="https://zoom.us/j/245164026">https://zoom.us/j/245164026</a>	003249
Florence	7.00 PM	<a href="https://zoom.us/j/3411515599">https://zoom.us/j/3411515599</a>	easydoesit
Moreleta	7:00 PM	<a href="https://zoom.us/j/850582966">https://zoom.us/j/850582966</a>	
Step into Sobriety	7:30 PM	<a href="https://zoom.us/j/312040613">https://zoom.us/j/312040613</a>	002020
Eureka	7:30 PM	<a href="https://zoom.us/j/4185180563">https://zoom.us/j/4185180563</a>	495033
Happy Hour	7:30 PM	<a href="https://zoom.us/j/518182964">https://zoom.us/j/518182964</a>	73498
Florida	7:30 PM	<a href="https://zoom.us/j/3362946590">https://zoom.us/j/3362946590</a>	Florries
Hottentots Holland: Speaker Share	8:15 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
<b><u>Tuesday</u></b>			
Hottentots Holland: 12 & 12	12:00 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Friends in Recovery	13:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
Bromhof	19:00:00	<a href="https://zoom.us/j/676598056">https://zoom.us/j/676598056</a>	721311
Our Tribe ( <b>Women Only</b> )	7:00 PM	<a href="https://zoom.us/j/955310269">https://zoom.us/j/955310269</a>	
Windsor	7:00 PM	<a href="https://zoom.us/j/844612965">https://zoom.us/j/844612965</a>	856342
Wierda Park	7:00 PM	<a href="https://zoom.us/j/7036119353">https://zoom.us/j/7036119353</a>	
Midrand Bikers	7:00 PM	<a href="https://zoom.us/j/473053608">https://zoom.us/j/473053608</a>	
Villieria	7:30 PM	<a href="https://zoom.us/j/345914052">https://zoom.us/j/345914052</a>	
Word of Mouth	7:30 PM	<a href="https://zoom.us/j/6534829390">https://zoom.us/j/6534829390</a>	8c0EYF
Kraaifontein	7:30 PM	<a href="https://zoom.us/j/195606470">https://zoom.us/j/195606470</a>	
Klein Constantia	7:30 PM	<a href="https://zoom.us/j/783762865">https://zoom.us/j/783762865</a>	343951
Into Action	7:30 PM	<a href="https://zoom.us/j/754054405">https://zoom.us/j/754054405</a>	0002020
Weltevreden Park	7:30 PM	<a href="https://zoom.us/j/124820532">https://zoom.us/j/124820532</a>	073480
Hope Street (CPT)	8:00 PM	<a href="https://zoom.us/j/5664434284">https://zoom.us/j/5664434284</a>	
<b><u>Wednesday</u></b>			
Step 3 Turn It Over	8:00 AM	<a href="https://zoom.us/j/5839534251">https://zoom.us/j/5839534251</a>	
Hottentots Holland: As Bill sees it	12:00:00	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Friends in Recovery	13:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
Yellowwood Big Book	6:00 PM	<a href="https://zoom.us/j/278392354">https://zoom.us/j/278392354</a>	004034
Cocktail Tales	6:00 PM	<a href="https://zoom.us/j/795072988">https://zoom.us/j/795072988</a>	
Share & Discussion (CPT III)	6:00 PM	<a href="https://zoom.us/j/647112803">https://zoom.us/j/647112803</a>	
Muizenburg	6:30 PM	<a href="https://zoom.us/j/647112803">https://zoom.us/j/647112803</a>	
Florence	7.00 PM	<a href="https://zoom.us/j/3411515599">https://zoom.us/j/3411515599</a>	easydoesit
Living Sober	7:00 PM	<a href="https://zoom.us/j/336702393">https://zoom.us/j/336702393</a>	
Living Sober 2nd	7:00 PM	<a href="https://zoom.us/j/649673999">https://zoom.us/j/649673999</a>	
Bromhof	7:00 PM	<a href="https://zoom.us/j/676598056">https://zoom.us/j/676598056</a>	721311

DAY	TIME	LINK TO MEETING	
The Solution Group	7:00 PM	<a href="https://zoom.us/j/575767634">https://zoom.us/j/575767634</a>	
We Agnostics	7:00 PM	<a href="https://zoom.us/j/755041535">https://zoom.us/j/755041535</a>	
New Roots	7:00 PM	<a href="https://zoom.us/j/312283209">https://zoom.us/j/312283209</a>	909876
Sunnyridge	7:20 PM	<a href="https://zoom.us/j/87844919777">https://zoom.us/j/87844919777</a>	Sunny9
Rondebosch (CPT)	7:30 PM	<a href="https://zoom.us/j/927231673">https://zoom.us/j/927231673</a>	
Hottentots Holland: Step meeting	7:30 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Gordon's Bay Step Meeting	7:30 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Kuilsrivier	7:30 PM	<a href="https://zoom.us/j/786554395">https://zoom.us/j/786554395</a>	231678
Landsdowne	8:00 PM	<a href="https://zoom.us/j/9521953777">https://zoom.us/j/9521953777</a>	172797
East Rand	8:00 PM	<a href="https://zoom.us/j/605645693">https://zoom.us/j/605645693</a>	963587
<b><u>Thursday</u></b>			
Valley Morning	10:00 AM	<a href="https://zoom.us/j/116758648">https://zoom.us/j/116758648</a>	
Friends in Recovery	13:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
Fellowship of the Spirit	17:30:00	<a href="https://zoom.us/j/811511237">https://zoom.us/j/811511237</a>	963587
Quarantine Club - Meditation	5:30 PM	<a href="https://zoom.us/j/644684222">https://zoom.us/j/644684222</a>	001211
Raslow Centurion	7:00 PM	<a href="https://zoom.us/j/7036119353">https://zoom.us/j/7036119353</a>	
Secular Serenity	7:00 PM	<a href="https://zoom.us/j/118533269">https://zoom.us/j/118533269</a>	
Randburg Central	7:00 PM	<a href="https://zoom.us/j/663532651">https://zoom.us/j/663532651</a>	849447
JWRA	7:00 PM	<a href="https://zoom.us/j/4185180563">https://zoom.us/j/4185180563</a>	
New Beginnings	7:00 PM	<a href="https://zoom.us/j/918972403">https://zoom.us/j/918972403</a>	
Hottentots Holland: Speaker share	7:30 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Northcliff	7:30 PM	<a href="https://zoom.us/j/873723114">https://zoom.us/j/873723114</a>	324471
Irene	8:00 PM	<a href="https://zoom.us/j/937754328">https://zoom.us/j/937754328</a>	
Language of the Heart	8:00 PM	<a href="https://zoom.us/j/469226191">https://zoom.us/j/469226191</a>	
<b><u>Friday</u></b>			
Friends in Recovery	13:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
Hillcrest Lunchtime	1:00 PM	<a href="https://zoom.us/j/154489217">https://zoom.us/j/154489217</a>	
Newcomers Meeting (CPT III)	6:00 PM	<a href="https://zoom.us/j/823941768">https://zoom.us/j/823941768</a>	
Florence	7:00 PM	<a href="https://zoom.us/j/3411515599">https://zoom.us/j/3411515599</a>	easydoesit
Windsor	7:00 PM	<a href="https://zoom.us/j/844612965">https://zoom.us/j/844612965</a>	196759
Friday Newcomers Online	7:00 PM	<a href="https://zoom.us/j/404737237">https://zoom.us/j/404737237</a>	681000
TGIF	7:00 PM	<a href="https://zoom.us/j/894474203">https://zoom.us/j/894474203</a>	
Centurion	7:00 PM	<a href="https://zoom.us/j/7036119353">https://zoom.us/j/7036119353</a>	
Sunnyridge	7:20 PM	<a href="https://zoom.us/j/87844919777">https://zoom.us/j/87844919777</a>	Sunny9
Acorn	7:30 PM	<a href="https://zoom.us/j/662622987">https://zoom.us/j/662622987</a>	562981
Kalk Bay	7:30 PM	<a href="https://zoom.us/j/382442659">https://zoom.us/j/382442659</a>	
Hottentots Holland: Back to Basics	8:15 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
11th Step Weekly Express	6:00 PM	<a href="https://zoom.us/j/98567582731">https://zoom.us/j/98567582731</a>	Free@1501
<b><u>Saturday</u></b>			
Green Door	7:30 AM	<a href="https://zoom.us/j/600799145">https://zoom.us/j/600799145</a>	397118
Surfer's Corner AA Muizenberg	8:30 AM	<a href="https://zoom.us/j/5839534251">https://zoom.us/j/5839534251</a>	172797
Rosebank Saturday Big Book	9:00 AM	<a href="https://zoom.us/j/98575457115">https://zoom.us/j/98575457115</a>	Free@1501
The Solution Group (Closed Big Book)	9:00 AM	<a href="https://zoom.us/j/470892575">https://zoom.us/j/470892575</a>	920907
New Roots	11:00:00	<a href="https://zoom.us/j/312283209">https://zoom.us/j/312283209</a>	909876
Steps & Traditions (CPT III)	11:00 AM	<a href="https://zoom.us/j/385207889">https://zoom.us/j/385207889</a>	
Hottentots Holland: Daily Reflections	11:00 AM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Friends in Recovery	13:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902

DAY	TIME	LINK TO MEETING	
Rivonia	3:00 PM	<a href="https://zoom.us/j/5382993617">https://zoom.us/j/5382993617</a>	597452
Ladies	3:00 PM	<a href="https://zoom.us/j/106833566">https://zoom.us/j/106833566</a>	
Life in Sobriety / Young Peoples Group	5:00 PM	<a href="https://zoom.us/j/627822407">https://zoom.us/j/627822407</a>	
Quarantine Club - As Bill Sees It	5:30 PM	<a href="https://zoom.us/j/644684222">https://zoom.us/j/644684222</a>	001211
Lockdown Online Saturday Alive	7:00 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	Avision4u
JWRA Meeting	7:00 PM	<a href="https://zoom.us/j/527817561">https://zoom.us/j/527817561</a>	040529
Saturday South	8:00 PM	<a href="https://zoom.us/j/4185180563">https://zoom.us/j/4185180563</a>	495033
<b><u>Sunday</u></b>			
Friends in Recovery	10:00:00	<a href="https://zoom.us/j/9498376643">https://zoom.us/j/9498376643</a>	1902
New Roots	11:00 AM	<a href="https://zoom.us/j/312283209">https://zoom.us/j/312283209</a>	909876
Hottentots Holland: Speaker Share	4:30 PM	<a href="https://zoom.us/j/950749416">https://zoom.us/j/950749416</a>	320432
Green Door	5:00 PM	<a href="https://zoom.us/j/309839129">https://zoom.us/j/309839129</a>	372592
Quarantine Club	5:30 PM	<a href="https://zoom.us/j/644684222">https://zoom.us/j/644684222</a>	001211
A Way Out – Big Book	18:00:00	<a href="https://zoom.us/j/331274391">https://zoom.us/j/331274391</a>	1728
HATS	6:00 PM	<a href="https://zoom.us/j/91823988389">https://zoom.us/j/91823988389</a>	Free@1501
Steenberg	6:30 PM	<a href="https://zoom.us/j/401971834">https://zoom.us/j/401971834</a>	806496
Kensington	19:00:00	<a href="https://zoom.us/j/3426456783">https://zoom.us/j/3426456783</a>	366023
Pied Piper	7:00 PM	<a href="https://zoom.us/j/692864254">https://zoom.us/j/692864254</a>	000002