



ALCOHOLICS
ANONYMOUS

EASTRANDER

MARCH 2025

More about AA:

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking.*

Quote by Bill W.

You are asking yourself, as all of us must: 'Who am I?' ... 'Where am I?' ... 'Whence do I go?' The process of enlightenment is usually slow. But, in the end, our seeking always brings a finding. These great mysteries are, after all, enshrined in complete simplicity.

Looking for a meeting?

We have a vast amount of meetings across the whole of the East Rand from online meetings to face to face meetings.

You are not alone, reach out...

Click on the below link or see the last page of letters with meeting schedule for the week.

www.aaer.co.za/meetings.html



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NEWS AND EVENTS

East Rand Convention 2025



18 - 20 April 2025

- Fellowshiping
- Shares from all over the country
- Meetings Friday whole day
- Afrikaans & German meeting on Saturday
- Saturday evening entertainment
- Sunday closing meeting
 - Donation draw
 - Auction
- Tea/coffee/sandwiches during breaks on tap
- Food vendors on premises
- Memorabilia for sale
- Literature for sale
- Archive display

Registration opens at
07h00 Friday 18 April 2025
Registration fee
R130pp

Wordsworth High School
4 Wordsworth Road, Farrarmere, Benoni

1st Meeting on Friday starts at 09h00
Convention will conclude around midday on Sunday 20 April 2025

Pre-registration available AA Office 011 421 1748 | aaeastrand@gmail.com

Donation Booklets Available

Want to assist with
Convention Fundraising?
Booklets can be collected from
Area Office.

Contact Larry for more Info

(011) 421 1748

DONATE



Reminder Area Assembly Meeting

Date & Time:

8 MARCH, 2025

At 02:00PM

Location:

Benoni City Methodist Church

**26 Bunyan Street, (Entrance Cnr Cranbourne Ave)
Benoni**



FREEDOM DAY



BRAAI

26 APRIL 2025

12 :00 P.M.

ENTRANCE: R 50.00 PER PERSON

MEAL: BOEREWORS ROLLS

**BRING YOUR OWN WORS / COLD RINK &
CAMPING CHAIRS**

NOTE: COLD DRINKS WILL BE SOLD AT VENUE

. ROLLS & SAUCES WILL BE PROVIDED .

LET'S FELLOWSHIP

VENUE:

MEDLEY HOUSE, LARK STR, BRAKPAN

For more info Contact Darren | 0748674587



ALCOHOLICS ANONYMOUS EASTRANDER MARCH 2025

EAST RAND AREA CONTACTS

- . AREA CHAIR PERSON: LISA M (083 564 5659)
- . AREA VICE ACTING CHAIR PERSON: JO H (071 873 1231)
- . TREASURER: TASMOND (082 924 7630)
- . SECRETARY: CAROLINE (065 878 0878)
- . DELEGATE: GAVIN D. (076 116 4279)
- . DELEGATE: RETHA (071 581 2435))
- . ALTERNATE DELEGATE: **POSITION VACANT**
- . INTERGROUP CHAIR: DARREN (074 867 4587)
- . PUBLIC INFORMATION / CPC: GAVIN C. 081 454 0825
- . CORRECTIONAL FACILITIES: **POSITION VACANT**
- . TREATMENT FACILITIES: DEON (079 691 4180)
- . LITERATURE: MARK (071 853 0088)
- . ARCHIVES: **POSITION VACANT**
- . REGIONAL TRUSTEE: **POSITION VACANT**
- . WEBSITE: BRANDON (079 902 5452)
- . EASTRANDER NEWSLETTER: DARREN (074 867 4587)

EAST RAND AREA OFFICE

BENONI CENTRAL METHODIST CHURCH

26 BUNYAN STREET (ENTRANCE
CRANBOURNE AVE.) BENONI

LARRY - TELEPHONE (011) 421 1748
(9AM - 1PM)

ALL HOURS: 0861-435722 OR 0861-HELPA

Email: aaer@aaer.co.za or
larry@aaer.co.za

AREA ASSEMBLY VACANCIES AVAILABLE

.Office Coordinator, AA East Rand: The purpose of this role is to provide feedback to people who need information about AA and Area events/activities, ensure literature is available, liaise with other Areas and GSO and to facilitate good communication between the area portfolios. The coordinator must be knowledgeable about the service structure of AA as well as demonstrate knowledge of the AA Traditions. This salaried position is half-day (5 hours per day, Monday to Friday), plus one meeting per month on a Saturday (2nd Saturday of each month, 2 – 3:30 pm)

.Alternate Delegate: The alternate serves as a valuable assistant, often traveling with the delegate or giving reports for them. **(Requirement of Minimum 5/6 years sobriety)**

.Regional Trustee: These trustees are selected for their service experience and familiarity with A.A. principles. While no trustee can be said to “represent” a geographical section—all trustees represent only the Fellowship as a whole—regional trustees bring to the board’s discussions a regional A.A. point of view and experience that is invaluable. **(Requirement of Minimum 10 years sobriety)**

.Correctional Facilities: The purpose of this portfolio is to assist the carrying of the message of recovery to the suffering alcoholic in Treatment and Correctional Facilities. The incumbent serves a three-year term **(Requirement of Minimum of 3 years sobriety)**

.Archives: Archives positions are engaged in the work of setting up an area archives to collect and preserve area history. Written materials (books, pamphlets, newsletters, written histories), photographs and audiotapes are the foundations of a collection. **(Sobriety requirement subject to Area Office & Chair Person)**

- Refer to THE A.A. SERVICE MANUAL

CONTACT AREA OFFICE FOR
MORE INFO:
(011) 421 1748

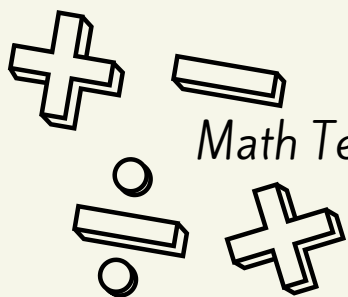




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Joke for the month

Math Teacher: "If I have 5 bottles in one hand and 6 in the other hand, what do I have?"

Student: "A drinking problem."



EDITORS NOTE FOR THE MONTH

Hi my fellow readers, this month I came across a speech of a AA member that was given by Judge John T. on the 4th Anniversary of the Chicago Group in 1943. It really inspired me and I wanted to share it with you.

I trust you will draw some inspiration from it...

Why Were We Chosen

God in His wisdom selected this group of men and women to be purveyors of His goodness. In selecting them through whom to bring about this phenomenon He went not to the proud, the mighty, the famous or the brilliant. He went instead to the humble, to the sick, to the unfortunate. He went right to the drunkard, the so-called weakling of the world. Well might He have said the following words to us: "Unto your weak and feeble hands I have entrusted a power beyond estimate. To you has been given that which has been denied the most learned of your fellows. Not to scientists or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing other alcoholics which I entrust to you."

"It must be used unselfishly; it carries with it grave responsibility. No day can be too long; no demands upon your time can be too urgent; no case can be too pitiful; no task too hard; no effort too great. It must be used with tolerance for I have restricted its application to no race, no creed, and no denomination. Personal criticism you must expect; lack of appreciation will be common; ridicule will be your lot; your motives will be misjudged. You must be prepared for adversity, for what men call adversity is the ladder you must use to ascend the rungs toward spiritual perfection, and remember, in the exercise of this power I shall not exact from you beyond your capabilities."

"You are not selected because of exceptional talents, and be careful always, if success attends your efforts not to ascribe to personal superiority that to which you can lay claim only by virtue of my gift. If I had wanted learned men to accomplish this mission, this power would have been entrusted to the physician and scientist. If I had wanted eloquent men, there would have been many anxious for the assignment, for talk is the easiest used of all talents with which I have endowed mankind. If I had wanted scholarly men, the world is filled with better qualified men than you who would be available. You were selected because you have been the outcasts of the world and your long experience as drunkards has made or should make you humbly alert to the cries of distress that come from the lonely hearts of alcoholics everywhere."

"Keep ever in mind the admission you made on the day of your profession in AA -- namely that you are powerless and that it was only with your willingness to turn your life and will unto my keeping that relief came to you."

This piece shows that no matter what we may think of ourselves, we are a select few that have been chosen, with this beautiful gift of sobriety and the ability to take the healing that AA has offered us and to help the next suffering alcoholic. This shows me I was not just blessed for myself, but blessed to be a blessing to others, God took my mess of a life and turned it into a message of hope which I can share with others!

Peace & Blessings until next time...EastRander Editor: Darren





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-March Thanksgivings-

MARCH SOBRIETY DATES

7TH MARCH: CANDICE (3 YEARS) - AIRFIELD
10TH MARCH: DIAN (3 YEARS) - EDENVALE LUNCHTIME GROUP
10TH MARCH: LIVE & LET LIVE GROUP (2 YEARS)
13TH MARCH: DEAN P. (7 YEARS) EDENVALE LUNCHTIME GROUP
20TH MARCH: MICHELLE (4 YEARS) - AIRFIELD GROUP
21ST MARCH: DAVID (3 YEARS) - AIRFIELD GROUP
25TH MARCH: VERNA (34 YEARS) - EDENVALE EVENING GROUP
27TH MARCH: MARCEL (1 YEAR) EDENVALE EVENING GROUP
29TH MARCH: DYLAN (1 YEARS) BENONI RECOVERY GROUP
30TH MARCH: WAYNE (1 YEAR) - AIRFIELD GROUP

MARCH CELEBRATION DATES

5TH MARCH: SUNNYRIDGE GROUP (6 YEARS)
14TH MARCH: DEON P. (7 YEARS) - EDENVALE LUNCHTIME
12TH MARCH: CANDICE (3 YEARS) - BENONI RECOVERY GROUP
25TH MARCH: DAVID (3 YEARS) - AIRFIELD GROUP
30TH MARCH: LIVE & LET LIVE (2 YEARS)
1ST APRIL: WAYNE (1 YEAR) - AIRFIELD GROUP
2ND APRIL: DYLAN (1 YEAR) - BENONI RECOVERY GROUP



ATTENTION GSR'S: PLEASE ENSURE THAT ANY THANKSGIVINGS ARE SUBMITTED BY THE 25TH OF EACH MONTH TO THE EDITOR FOR PUBLICATION

Looking for some literature?

*There is an abundance of literature available which can be purchased from your Group Librarian.
You can also visit our website with a full catalogue of what's available see below link or you can contact our Area Office should you want to place a order.*

<https://www.aaer.co.za/literature.html>

Contribute to Area Office

EAST RAND AREA BANKING DETAILS

ALCOHOLICS ANONYMOUS EAST RAND
BANK: NEDBANK LIMITED
BRANCH: PRINCESS PARK
ACCOUNT NUMBER: 1903 342 503
BRANCH CODE: 186 242
ACCOUNT TYPE: CURRENT / CHEQUE ACCOUNT



Eastrand Weekly Meetings



MONDAY

BENONI CITY LUNCH TIME – OM 13H00

BENONI CENTRAL METHODIST CHURCH ,
26 BUNYAN STREET (ENTRANCE CRANBOURNE AVENUE) ,
BENONI -LARRY 072 281 5949

EDENVALE LUNCHTIME BIG BOOK – OM 12H30

ST. THERESE CATHOLIC CHURCH , HORWOOD ST. ,EDENVALE
MARK C. 071 853 0088 / ANNA C. 083 610 0439

BENONI CITY - IN RECESS

ADIL 076 914 5975 OR ANIL 072 254 4789

COURAGE TO CHANGE - OM 19H00 (IN RECESS)

NG KERK ,8 CANADAIR AVENUE , IMPALA PARK , BOKSBURG
TONY 082 443 4425 OR WARREN 082 335 0049

SPRINGS (ONLINE) - OM 19H30

[HTTPS://ZOOMUS/J/91823988389](https://zoomus/j/91823988389) , PASSWORD: FREE@1501

WEDNESDAY

KEMPTON PARK – OM 19H00

METHODIST CHURCH CNR MONUMENT & VAN DER WALT
STREETS , KEMPTON PARK

SUBEN 084 619 9585 , KRISH 061 473 1733

EDENVALE LUNCHTIME – CM 12H30

ST. THERESE CATHOLIC CHURCH , HORWOOD ST. ,EDENVALE
MARK C. 071 853 0088 / ANNA C. 083 610 0439

BENONI CITY LUNCH TIME – OM 13H00

BENONI CENTRAL METHODIST CHURCH ,
26 BUNYAN STREET (ENTRANCE CRANBOURNE AVENUE) ,
BENONI , LARRY 072 281 5949

SUNNYRIDGE – OM 19H00

SUNNYRIDGE PRIMARY SCHOOL, ENTRANCE AT CORNER,
KOEDOE AND KORHAAN STS , SUNNYRIDGE , GERMISTON.
DEOLAN. 061 581 3231 OR RAJEN 071 893 2027

KWA-THEMA - OM 18H00 NEW

ROMAN CATHOLIC CHURCH, DLADLA STREET, KWA-THEMA
SANDY 0717403910

BENONI RECOVERY GROUP – OM 19H00 NEW

93 GREAT NORTH ROAD - TAMRYN 082 387 1652

FRIDAY

BENONI SOUTH - OM - 19H00 - 20H00 / CTC CHURCH
CNR LANCASTER AND DAGENHAM STREETS, BENONI SOUTH
TONY 084 554 9580

EDENVALE LUNCHTIME – CM 12H30

ST. THERESE CATHOLIC CHURCH , HORWOOD ST. ,EDENVALE
MARK C. 071 853 0088 / ANNA C. 083 610 0439

SATURDAY

KATLEHONG - OM 15H00

MOTSMAI CLINIC, CORNER OF MOSEU AND MAPHIKE
(SONTONGA) STREETS, KATLEHONG. VIVIEN 083 326 7504

SOBER SATURDAY -HOUSE OF MERCY – OM 10H00

35 OLIVIA ROAD , RAVENSWOOD , BOKSBURG REZA 082 555
9088

TEMBISA - OM 11H00

MASISEBENZE HIGH SCHOOL, 2 NAMIBIA ST, JIYANA, TEMBISA
SUBEN 084 619 9585 OR REBECCA 063 079 3518

ELIM CLINIC - CM 09.00 AM

133 PLANE ROAD KEMPTON PARK | SUBEN 084 619 9585

ETWATWA EAST SIDE - OM 14H00

23RD STREET, ETWATWA EAST

NTOMBI 082 802 3905

TUESDAY

AIRFIELD – OM 19H00

NORTHFIELD METHODIST CHURCH ,
AERODROME DRIVE , NORTHMEAD , BENONI
BRIAN 083 874 3737 OR SAM 082 922 1342

BRAKPAN – OM 19H30

ST. PETERS ANGLICAN CHURCH , QUEENS AVENUE ,
BRAKPAN

ATTIE 082 884 2194 OR VINCENT 084 400 1982

HOUSE OF MERCY – OM 19H30

35 OLIVIA ROAD , RAVENSWOOD , BOKSBURG
FRAZIER 073 709 3314

WORD OF MOUTH – OM 19H30

1ST EDENVALE SCOUTS, ST.DAVID ROAD, ELMAPARK,
EDENVALE. CRAIG 082 521 6311

THURSDAY

EDENVALE - OM 19H30

DUNVEGAN NURSERY SCHOOL
CNR DUNVEGAN & FRANCIS STREETS ,
DUNVEGAN , EDENVALE

SHIVEN 073 812 1794 OR LEON 071 670 4769

AIRFIELD – STEP MEETING 19H00 CLOSED

NORTHFIELD METHODIST CHURCH ,
AERODROME DRIVE , NORTHMEAD , BENONI
BRIAN 083 874 3737 OR RETHA 071 581 2435

HIGHVELD (SECUNDA) – OM 18H00

22 GREY STREET, TRICHARDT. (SECUNDA)

GAVIN 076 116 4279

HOUSE OF MERCY – OM 19H30

35 OLIVIA ROAD , RAVENSWOOD , BOKSBURG
FRAZIER 073 709 3314

EDENVALE LUNCHTIME LATE AFTERNOON – OM
17H30

ST. THERESE CATHOLIC CHURCH , HORWOOD ST.
EDENVALE

MARK C. 071 853 0088 / ANNA C. 083 610 0439

SPRINGS - OM 19H00

SELCOURT METHODIST CHURCH, 3 – 7 GRANADA
STREET, SELCOURT, SPRINGS

BILL 083 306 0325

SUNDAY

HERE ARE THE STEPS – OM 18H00 -

<https://zoomus/j/85479503213> Password: Free@1501

SANDIL 083 445 0500 OR LISA 083 564 5659

LIVE & LET LIVE - OM 16H30 NEW

ALL SAINTS ANGLICAN CHURCH, 30 PETUNIA ROAD,
PRIMROSE / RAJEN 071 893 2027

MONDAY - SUNDAY

DAILY MEDITATION & PRAYER – 05H30 - 06H00

<https://zoomus/j/98567582731> , PW: free@1501

TUMI: 082 572 0544 / SUNDAYS @ 19H30 - 20H30

NOTE: OM = (OPEN MEETING) these meeting are open to A.A Members / AL-ANON & Visitors

CM = (CLOSED MEETING) these meetings are for A.A members only