



ALCOHOLICS
ANONYMOUS

EASTRANDER

April 2026

WHAT DOES AA PROVIDE?

AA provides a structured and gradual process of recovery through a '12 Step' programme. Many have found these steps effective in achieving and maintaining sobriety.



MORE ABOUT AA

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking.

QUOTE BY BILL W.

"If I am not growing, I am dying—no matter how much physical time I have."

LOOKING FOR A MEETING?

We have a vast amount of meetings across the whole of the East Rand from online meetings to face to face meetings.

You are not alone, reach out...

Click on the below link or see the last page of letter with meeting schedule for the week.

www.aaer.co.za/meetings.html



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NEWS & EVENTS

SAVE THE DATE

FREEDOM DAY BRAAI

DATE: 27 APRIL 2026

TIME: 11:30AM / 12:00 PM

VENUE: SUNNYRIDGE
PRIMARY, 25 PITTS AVE,
SUNNYRIDGE



FOR MORE INFO CONTACT: DARREN 074 867 4587



14:00
11 April 2026

REMINDER
GSR'S

AREA ASSEMBLY MEETING

VENUE: 26 BUNYAN STR (ENTRANCE CNR
CRANBOURNE AVE), BENONI

MEETING
reminder



Intergroup Meeting

Date: 11 April 2026
Time: 10.00am
Venue: The Landing Coffee Shop, 15 Linksfield
Road, Dunvegan, Edenvale

LOOKING
TO DO SOME SERVICE?

INTERGROUP REP

DUTIES:

- Reporting Info of Upcoming Events to Home Group
- Attending Intergroup Meeting once a month
- Assist with ticket sales / fundraising sheets
- Collecting of supplies & donations for events
- Assisting with venue set up etc.

SERVING AS AN INTERGROUP REPRESENTATIVE (IR) IN ALCOHOLICS ANONYMOUS (AA) CAN BE A REWARDING AND ENJOYABLE EXPERIENCE, PARTICULARLY IF YOU ARE DEDICATED TO SERVICE AND CARRYING THE MESSAGE OF RECOVERY. THE ROLE ALLOWS YOU TO ACTIVELY PARTICIPATE IN AA'S THIRD LEGACY, WHICH EMPHASIZES SERVICE.

INTERGROUP CHAIR: DARREN 074 867 4587



EXCITING NEWS!
AA S.A NOW HAVE A FACEBOOK AND INSTAGRAM PAGE



PLEASE GO LIKE AND FOLLOW



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EAST RAND AREA CONTACTS

AREA CHAIR PERSON: TASMOND (082 924 7630)
AREA VICE ACTING CHAIR PERSON: CRAIG (082 521 6311)
TREASURER: MIKE S (061 304 5377)
SECRETARY: CAROLINE (065 878 0878)
DELEGATE: RETHA (071 581 2435)
DELEGATE: BRENT (079 109 5404)
ALTERNATIVE DELEGATE: POSITION VACANT
INTERGROUP CHAIR: DARREN (074 867 4587)
PUBLIC INFO / CPC: GAVIN C. 081 454 0825
CORRECTIONAL FACILITIES: POSITION VACANT
TREATMENT FACILITIES: POSITION VACANT
LITERATURE: MARK (071 853 0088)
ARCHIVES: EMILY (071 864 1930)
REGIONAL TRUSTEE: LISA (083 546 5659)
WEBSITE: BRANDON (079 902 5452)
EASTRANDER NEWSLETTER: DARREN (074 867 4587)

EAST RAND AREA OFFICE DETAILS

BENONI CENTRAL METHODIST CHURCH

26 BUNYAN STREET (ENTRANCE CRANBOURNE AVE.)
BENONI

JO H. - telephone (011) 421 1748
(9am - 1pm)

all hours: 0861-435722 or 0861-helpaa

Email: aaer@aaer.co.za

OFFICE HOURS

Mondays & Fridays - 9.00am - 11.30 pm
Office coordinator is still contactable via email and office number
weekdays from
9.00am -14.00pm

AREA ASSEMBLY VACANCIES

Correctional Facilities: The purpose of this portfolio is to assist the carrying of the message of recovery to the suffering alcoholic in Treatment and Correctional Facilities. The incumbent serves a three-year term **(Requirement of Minimum of 3 years sobriety)**

Treatment Facilities: Support the work of individual A.A. members and groups who carry the A.A. message into treatment facilities **(Requirement of Minimum 2 years sobriety)**

Intergroup Chair: The Intergroup Chair serves as a valuable assistant to the Area Office by arranging area events such as (Rally's, Gratitude Dinners etc.) to assist in raising fund for the Area Office and to create a platform for members to fellowship. **(Requirement of Minimum 1 year sobriety)**

Area Webmaster: Responsible for managing the technical and content aspects of the group's website, ensuring it adheres to AA guidelines and Traditions. This includes maintaining website functionality, updating content like meeting information, and overseeing expenses, while also acting as a liaison to the committee and training their successor. The role requires ensuring the site is accessible, accurate, and a helpful resource for members.

(Requirement of Minimum 2 years sobriety)

- Refer to THE A.A. SERVICE MANUAL - aasouthafrica.org.za



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APRIL THANKSGIVINGS

APRIL SOBRIETY DATES

1ST APRIL: HEINZ (3 YEARS) WORD OF MOUTH GROUP

3RD APRIL: KATHY (7 YEARS)

6TH APRIL: STEVEN (2 YEARS) EDENVALE LUNCHTIME GROUP

8TH APRIL: LIZEL (3 YEARS) BENONI RECOVERY GROUP

9TH APRIL: SJ (4 YEARS) - DAILY MEDITATION GROUP

10TH APRIL: KERO (1 YEAR) SPRINGS GROUP

11TH APRIL: RETHA (10 YEARS) AIRFIELD GROUP

14TH APRIL: DAN (4 YEARS) EDENVALE EVENING GROUP

15TH APRIL: NEILAN (3 YEARS) EDENVALE EVENING GROUP

15TH APRIL: SPRING ONLINE GROUP (2 YEAR)

22ND APRIL: ROXY (3 YEARS) AIRFIELD GROUP

30TH APRIL: KAREN (2 YEARS) BENONI RECOVERY GROUP

APRIL CELEBRATION DATES

8TH APRIL: LIZEL (3 YEARS) BENONI RECOVERY GROUP

14TH APRIL: RETHA (10 YEARS) AIRFIELD GROUP

16TH APRIL: NEILAN (3 YEARS) EDENVALE EVENING GROUP

19TH APRIL: SPRINGS ONLINE (2 YEARS) - LIVE & LET LIVE GROUP

19TH APRIL: KERO (1 YEAR) LIVE & LET LIVE GROUP

22ND APRIL: ROXY (3 YEARS) BENONI RECOVERY GROUP

6TH MAY: KAREN (2 YEARS) BENONI RECOVERY GROUP

**CHECK WITH YOUR GSR / GROUP
SECRETARY WHEN YOUR FELLOWS
WILL BE CELEBRATING THEIR
MILESTONES**

NOTE: IF YOU WOULD LIKE YOUR SOBRIETY DATE TO BE PUBLISHED IN THE EASTRANDER ALONG WITH YOUR CELEBRATION, PLEASE SHARE IT WITH YOUR GSR / GROUP SECRETARY.



EAST RAND MEETINGS

MONDAY

DAWN PARK – OM 12H00
DAWN PARK CLINIC, 10 COSSINS ROAD, BOKSBURG
CONTACT TSHEPO 078 350 9566

EDENVALE LUNCHTIME BIG BOOK – OM 12H30
ST. THERESE CATHOLIC CHURCH, HORWOOD ST., EDENVALE
MARK C. 071 853 0088 / ANNA C. 083 610 0439

BENONI CITY BIGBOOK MEETING – CM 19H00
BENONI CHURCH OF CHRIST, 93 GREAT NORTH ROAD, BENONI
TASMOND 082 924 7630 OR DARREN 074 867 4587

SPRINGS (ONLINE) - OM 19H30
<https://zoom.us/j/91823988389> , password: Free@1501

WEDNESDAY

KEMPTON PARK – OM 19H00
METHODIST CHURCH CNR MONUMENT & VAN DER WALT STR,
KEMPTON PARK
SUBEN 084 619 9585

EDENVALE LUNCHTIME – CM 12H30
ST. THERESE CATHOLIC CHURCH, HORWOOD ST., EDENVALE
MARK C. 071 853 0088 / ANNA C. 083 610 0439

SUNNYRIDGE – OM 19H00
SUNNYRIDGE PRIMARY SCHOOL, ENTRANCE AT CNR KOEDOE &
KORHAAN STS, SUNNYRIDGE, GERMISTON.
DEOLAN. 061 581 3231 OR RAJEN 071 893 2027

KWA-THEMA
YOLANDA 073 524 8736

BENONI RECOVERY GROUP – OM 19H00
BENONI CHURCH OF CHRIST, 93 GREAT NORTH ROAD -
DARREN 074 867 4587

FRIDAY

12 STEPS - A SPIRITUAL JOURNEY – OM 18H30_
<https://zoom.us/j/91823988389> / Password: Free@1501
FABIAN 083 276 9959

BENONI SOUTH - OM - 19H00
CTC CHURCH / CNR LANCASTER AND DAGENHAM STREETS,
BENONI SOUTH
ANIL 072 254 4789

EDENVALE LUNCHTIME – CM 12H30
ST. THERESE CATHOLIC CHURCH, HORWOOD ST., EDENVALE
MARK C. 071 853 0088 / ANNA C. 083 610 0439

THEMBISA – CM 13H00
10 COMMANDMENTS COMMUNITY CENTRE, 137 BRIAN
MAZIBUKO DRIVE, JIYANA, THEMBISA, REBECCA 063 079 3518
SUBEN 084 619 9585

SATURDAY

KATLEHONG - OM 15H00
MOTSMAI CLINIC, CORNER OF MOSEU AND MAPHIKE
(SONTONGA) STREETS, KATLEHONG. KAGISO 066 244 7916

AA THE 4TH DIMENSION -HOUSE OF MERCY – OM 10H00
HOUSE OF MERCY,35 OLIVIA ROAD, RAVENSWOOD, BOKSBURG
- JO 076 398 5463

TEMBISA - OM 13H00
10 COMMANDMENTS COMMUNITY CENTRE, 137 BRIAN
MAZIBUKO DRIVE, TEMBISA
SUBEN 084 619 9585 OR REBECCA 063 079 3518

ELIM CLINIC - OM 09.00 AM
133 PLANE ROAD KEMPTON PARK / SUBEN 084 619 9585

ETWATWA / DAVEYTON
NTOMBI 082 802 3905

TUESDAY

AIRFIELD – OM 19H00
NORTHFIELD METHODIST CHURCH,
AERODROME DRIVE, NORTHMEAD, BENONI
NINA 072 401 6854 / JOE 078 378 8633

BRAKPAN – OM 19H30
ST. PETERS ANGLICAN CHURCH, QUEENS AVENUE, BRAKPAN
ATTIE 082 884 2194 OR VINCENT 084 400 1982

HOUSE OF MERCY – OM 19H30
35 OLIVIA ROAD, RAVENSWOOD, BOKSBURG
FRAZIER 073 709 3314

WORD OF MOUTH – OM 19H30
1ST EDENVALE SCOUTS, ST.DAVID ROAD, ELMAPARK, EDENVALE.
HEINZ082 373 2752

THEMBISA WHATSAPP MEETING – CM 19H00
VUYANI 082 890 0596

THURSDAY

EDENVALE - OM 19H30
DUNVEGAN NURSERY SCHOOL
CNR DUNVEGAN & FRANCIS STREETS, DUNVEGAN, EDENVALE
MIKE 061 304 5377/CRAIG 082 521 6311

AIRFIELD – STEP MEETING - CM 19H00
NORTHFIELD METHODIST CHURCH,
AERODROME DRIVE, NORTHMEAD, BENONI
NINA 072 401 6854 / JOE 078 378 8633

HIGHVELD (SECUNDA) – OM 18H00
22 GREY STREET, TRICHARDT. (SECUNDA)
DIRK 083 965 9510

HOUSE OF MERCY – OM 19H30
35 OLIVIA ROAD, RAVENSWOOD, BOKSBURG
FRAZIER 073 709 3314

SOBER AT SUNSET– OM 17H30
ST. THERESE CATHOLIC CHURCH, HORWOOD ST., EDENVALE
SUE 076 889 3024 / ANNA C. 083 610 0439

SPRINGS - OM 19H00
SELFCOURT METHODIST CHURCH, 3 – 7 GRANADA
STREET, SELFCOURT, SPRINGS
BILL 083 306 0325

SUNDAY

HERE ARE THE STEPS – OM 18H00
<https://zoom.us/j/91823988389> / Password: Free@1501
OLIVER 072 869 3163

LIVE & LET LIVE - OM 16H30
ALL SAINTS ANGLICAN CHURCH, 30 PETUNIA ROAD,
PRIMROSE
LENNIE 076 118 0842 /NEILEN 079 373 5663.

MONDAY - SUNDAY

STEP 11 - DAILY MEDITATION & PRAYER – 05H30 - 06H00
<https://zoom.us/j/85479503213> , PW: step11
SJ 060 577 9457

**OM = (OPEN MEETING) these meeting are open to
A.A Members / AL-ANON & Visitors**

**CM = (CLOSED MEETING) these meetings are for
A.A members only**